

Our classical ballet/jazz/tap/hip-hop/musical theatre programme - we teach the traditional Vaganova Russian syllabus and ATOD syllabus for our classical grades. A practice @ home app can be purchased for your dancers to practice at home with. Please see attached brochure to find the links to do so if desired.

Please note: Classes may change or be cancelled due to low numbers. If this is to occur and the class you have booked into is affected, you will be notified of any changes or alternative classes asap.

GRADE 1 CLASSES - SUITABLE FOR PREP AGED CHILDREN

NOTE: If buying the ATOD practice @ home App, please purchase the test 1 & test 2 Classical levels

Monday	Class
4.00 – 4.45pm	Classical Ballet
4.45 – 5.15pm	Jazz/Tap
Wednesday	Class
4.00 – 4.45pm	Sub Jnr Jazz/Tap
4.45 – 5.30pm	Classical Ballet
Saturday	Class
9.00 – 9.30am	Sub Jnr Hip-Hop
9.30 – 10.15am	Musical Theatre includes singing.
10.15 – 11.00am	Jazz/Tap
11.00 – 11.45am	Classical Ballet

GRADE 2 CLASSES - SUITABLE FOR GRADE 1 AT SCHOOL AGED CHILDREN

NOTE: IF buying the ATOD practice @ home App, please purchase the test 3 & Bronze Medal Classical levels

Wednesday	Class
4.00 – 4.45pm	Sub junior Jazz/Tap
4.45 – 5.15pm	Classical Ballet
Saturday	Class
9.00 – 9.30am	Hip-Hop
9.30 – 10.15am	Musical theatre includes singing
11.00 – 11.45am	Jazz/Tap
11.45am – 12.30pm	Classical Ballet

GRADE 3/4 CLASSES - SUITABLE FOR GRADE 2/3 UPWARDS SCHOOL AGED CHILDREN

*Please note different grades are held separately, separate dance rooms separate dance teachers.
(It is recommended for the dancers to start attending 2 classical ballet classes per week)*

NOTE: When purchasing the ATOD practice @ Home App, please purchase the bronze medal & bronze star Classical levels

Wednesday	Class
4.00 – 4.45pm	Jazz/Tap
4.45 – 5.30pm	Classical ballet
5.30 – 6.00pm	JNR Hip-Hop
6.00 – 6.15pm 6.15 – 6.35pm	Body Conditioning A healthy dinner is provided.
Friday	Class
4.00 – 4.45pm	Classical Ballet
4.45 – 5.30pm	Jazz/Tap



Saturday	Class
9.00 – 9.30am	Hip-Hop
9.30 – 10.15am	Jazz/Tap
10.15 – 11.00am	Classical Ballet
11.00 – 11.45am	Junior Troupe/Competitive performers

GRADE 5/6 -SUITABLE FOR GRADE 3/4 UPWARDS SCHOOL AGED CHILDREN

Please note different grades are held separately, separate dance rooms separate dance teacher.

(It is highly recommended for this level to attend 2 ballet classes per week)

Note: When purchasing the ATOD practice @ home App please purchase silver medal and silver star Classical Levels

Wednesday	Class
4.00 – 4.45pm	Classical Ballet
4.45 – 5.30pm	Jazz/Tap
5.30 – 6.00pm	JNR Hip-Hop
6.00 – 6.15pm	Body conditioning
6.15 – 6.30pm	A Healthy dinner is provided.
Friday	Class
4.00 – 4.45pm	Jazz/Tap
4.45 – 5.30pm	Classical Ballet
5.30 – 6.00pm	Lyrical Contemporary
Saturday	Class
10.15 – 11.00am	Jazz/Tap/Musical Theatre includes singing.
11.00 – 11.45am	Junior competition troupe/competitive performers



GRADE 7 UPWARDS - MINIMUM AGE- GRADE 6 SCHOOL AGE UPWARDS

(Gold Star (Pre- Elementary), Elementary, Intermediate and performance awards)

(Dancer needs to attend minimum 2 ballet classes per week to be able to do the exams)

Certain classes will be separated and run in different rooms at the same times to accommodate different levels. (Ballet levels only)

Note: When purchasing the practice @home App please purchase gold medal and gold star Classical level

Wednesday	Class
4.45 – 6.00pm	Classical ballet/pointe, demi-pointe
6.00 – 6.15pm	Body conditioning and ballet body strengthening class.
6.15 – 6.30pm	A healthy dinner is provided.
6.30 – 7.30pm	Jazz/Urban Jazz
Friday	Class
4.15 – 5.45pm	Vaganova Russian method ballet technique, Strengthen, stretch, foot conditioning, turns and jumps.
Please note:	This is a very important class- improvement from dancers attending this class is astonishing.
Saturday	Class
12noon – 12.15pm	For those arriving from sport a healthy lunch will be provided. (Pending enrolment numbers)
12.15 – 1.00pm	Tap/Jazz
1.00 – 2.15pm	Classical Ballet/pointe/demi-point class
2.15 – 3.15pm	Elite Competition Performance Troupe (Teacher Miss Zoe and guest choreographers)

